



Note: Ages 2 -4 years old have a morning snack of Simit and Milk, and an afternoon snack of fruit.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9	10	11	12	13
Oven Baked Pasta with Mince Shepherd's Salad Seasonal Fruit	BBQ Chicken Rice Carrot & Cucumber Sticks Seasonal Fruit	Fish Kofte Roast Potatoes Salad Irmik Helva	Haricot Beans with Carrots, Celery & Potatoes Bulgur Wheat Cacik Seasonal Fruit	Beef Burger French Fries Salad Seasonal Fruit
16	17	18	19	20
Green Beans with Carrots Bulgur Wheat Yoghurt Rice Pudding	Chicken Meatballs Rice Seasonal Fruit	Jacket Potato Chilli, Tuna or Cheese Filling Salad Seasonal Fruit	Chickpea with Carrots Bulgur Wheat Yoghurt Seasonal Fruit	Izmir Kofte Potatoes Seasonal Salad Chocolate Pudding
23	24	25	26	27
Spaghetti Bolognese Seasonal Salad Seasonal Fruit	Ratatouille Rice with Lentils Yoghurt Seasonal Fruit	Chicken Noodles Cut Fresh vegetables Seasonal Fruit	Pizza Mixed Vegetables Chocolate Cake	Chicken Burger French Fries Salad Seasonal Fruit
30				
Pasta with Creamy Chicken & Mushroom Sauce Carrots Sweetcorn Seasonal Fruit				